

Additional Information and Precautions for Chopped Activity

Proper food safety, preparation, and handling is CRITICAL during this activity. Facilitators should review the information and consult the links below **BEFORE** the activity and prepare information to deliver to their youth audience pertinent to the foodstuffs and recipes that will be used. For instance, a recipe calling for sliced apples requires a demonstration on safe knife use.

General Tips:

- Wash hands and all utensils before and after meal preparation.
- Consider having facilitators conduct more difficult tasks before the youth audience arrives, especially for younger audiences. For instance, apples could be pre-sliced before youth need to use them to avoid potential hazards with using a knife.
- Invite your county's Family Consumer Sciences Extension Educator to provide an overview of food safety to youth and to help monitor activities during meal preparation. You can locate contact information by visiting your county's Extension website (In Ohio: *countyname.osu.edu*; for instance – *shelby.osu.edu*).

Resources:

- Keep Food Safe preparation tips: <http://www.foodsafety.gov/keep/>
- Basics for Handling Food Safely: <http://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/safe-food-handling/basics-for-handling-food-safely>



Chopped Rubric for Judge

Use this rubric to judge a group's meal based on appearance and taste. Place an 'X' in the box underneath your score. Bonus and total points will be calculated later.

	1 – Very Poor	2 – Poor	3 – Average	4 – Good	5 – Very Good
Taste					
Appearance					
Bonus Points (if any, up to 5 points)			Total Score (taste + appearance + bonus)		

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