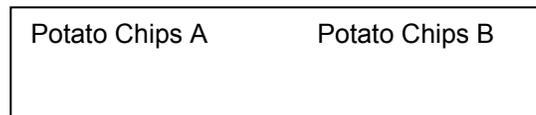


Sensory Testing Activity

Sample Diagram of Setting up Sensory Testing

The following is a sample layout for the taste testing portion of the lesson. **Be sure to consult food labels to identify if the food can be considered local.** Points to note:

- Stations should be on separate tables that have tablecloths (preferred) or have been cleaned prior to use.
- Facilitators should wash hands prior to handling and should wear gloves when setting up food.
- Each station should have one type of food item with the local food served on one dish and the non-local food served on another dish with labels (for instance A = local popcorn and B = non-local popcorn), hand sanitizer, serving utensils, and plates or bowls and napkins.
 - Serving utensils should be provided for EACH food item.
 - Plates, bowls, napkins, or spoons should be available for EACH participant for EACH food item.
 - Recommended serving sizes for some food items:
 - Jelly/fruit butter: 1 taster spoon
 - Jerky: 1 piece (use napkins and toothpicks)
 - Potato chips: 1 chip to taste
 - Salsa: 1 taster spoon
 - The food packaging should not be visible to participants, but facilitators should know which label is associated with each food item. (It is recommended to have all “A” food items be the local foods and all “B” items be the non-local brands.)
 - Each food item should have a sign reading “A” or “B” next to it, so the participants are able to identify food items for the survey (see figure below).



Sensory Survey

For each item, indicate your preference below by marking either "A" or "B" based on appearance, smell, taste, touch, and overall preference.

Food Item: _____

A		B
	Appearance	

A		B
	Smell	

A		B
	Taste	

A		B
	Touch	

A		B
	Overall Preference	

Sensory Survey

For each item, indicate your preference below by marking either "A" or "B" based on appearance, smell, taste, touch, and overall preference.

Food Item: _____

A		B
	Appearance	

A		B
	Smell	

A		B
	Taste	

A		B
	Touch	

A		B
	Overall Preference	

Sensory Survey

For each item, indicate your preference below by marking either "A" or "B" based on appearance, smell, taste, touch, and overall preference.

Food Item: _____

A		B
	Appearance	

A		B
	Smell	

A		B
	Taste	

A		B
	Touch	

A		B
	Overall Preference	

Sensory Survey

For each item, indicate your preference below by marking either "A" or "B" based on appearance, smell, taste, touch, and overall preference.

Food Item: _____

A		B
	Appearance	

A		B
	Smell	

A		B
	Taste	

A		B
	Touch	

A		B
	Overall Preference	