

## Show us your CSA Creation!

Be a food blogger for a day and upload pictures of your favorite CSA creation. #LocalFoodsOH



## **Local Foods -- Every Day**

Local foods provide benefits for every community:

- Nutritional and healthy food availability
- Easy access for urban and rural areas
- Economic opportunity through jobs and commerce
- Social benefits of building better communities

Explore Ohio's healthy food resources at go.osu.edu/learnabout food

## Celebrate Ohio's #1 Industry

Agriculture contributes over \$107 billion to Ohio's economy! Local agricultural crops include:

- Fruits and Vegetables
- · Corn, Wheat and Other Grains
- Fish and Chicken
- · Beef, Pork and Lamb
- Milk, Cheese and Yogurt
- Beer, Wine and Spirits
  Visit Ohio Local Foods Week
  on Facebook for more!





localfoods.osu.edu