

Show us your \$10 food story!

Be a food blogger for a day and upload pictures of what you did with your \$10 Local Food Challenge:

#LocalFoodsOH go.osu.edu/olfw10dollars



Celebrate Ohio's #1 Industry

Agriculture contributes over \$107 billion to Ohio's economy! Local agricultural crops include:

- Fruits and Vegetables
- Corn. Wheat and Other Grains
- Fish and Chicken
- Beef, Pork and Lamb
- Milk, Cheese and Yogurt
- Beer, Wine and Spirits
 Visit Ohio Local Foods Week
 on Facebook for more!

Local Foods -- Every Day

Local foods provide benefits for every community:

- Nutritional and healthy food availability
- Easy access for urban and rural areas
- Economic opportunity through jobs and commerce
- Social benefits of building better communities

Explore Ohio healthy food resources at go.osu.edu/learnaboutfood





localfoods.osu.edu