A Bounteous Harvest—

Local Foods, Healthy Foods!

Date: November 14, 2015

Time 8:00 a.m. to 4:00 p.m.

Location:

Springfield High School

701 East Home Road, Springfield, OH

Cost: \$15.00

Exhibitors will be on hand during the day to share their local products.

All food served will be LOCAL

More Information:

http://go.osu.edu/clarklocalfoods

937.521.3860

REGISTRATION ON-LINE:

http://go.osu.edu/2ndFocusOnLocal

Deadline: November 2, 2015

To register on-line:



Agenda Topics Include

Forming Farm Cooperatives

Keynote Speaker - Jessica Eikelberry Local Roots, Wooster Co-op

Extending the Season with High Tunnels

Speaker—Matthew Kleinhenz

Extension Specialist, Ohio State University Extension

Nutrition for Optimal Health

Speaker - Leslie Edmunds, Dietician

Preservation and Food Safety

Speaker—Kathy Green

Extension Educator, Ohio State University Extension

Restaurant Panel-Local Chefs

Local Food Happenings—Panel discussions

How "local" can your Thanksgiving be?



